

Canajoharie

Central School District



FREE and Reduced-Price School Meals

Is your family eligible?

Students of all ages—from kindergarten through grade 12—need to eat well in order to maintain peak performance in school. Healthy, nutritious, kid-appealing meals are offered each day through the school breakfast and lunch program at Canajoharie Central School—a real plus for busy families. And for many of our families, these meals will cost their children little or nothing. Please take a look at the reduced-price meal plan to find out if your family qualifies.



Who can get free or reduced-price meals?

- Students whose families meet federal income guidelines – and these guidelines are higher than you might expect!
- Students whose families receive food stamps or other aids such as TANF, WIC, or HEAP – regardless of their income.
- Most foster children, as well as homeless, runaway and migrant children.

The cost of school meals in Canajoharie

School meals currently cost the following:

- \$1.75 for elementary school lunches
- \$1.75 for middle school lunches
- \$2.00 for high school lunches
- \$1.00 for breakfast, grades K-12

If qualified, students may receive free meals or reduced-price meals of 25 cents for both breakfast and lunch.

FEDERAL INCOME GUIDELINES

Your children are eligible based on the guidelines in the chart below:

REDUCED-PRICE BREAKFAST AND LUNCH

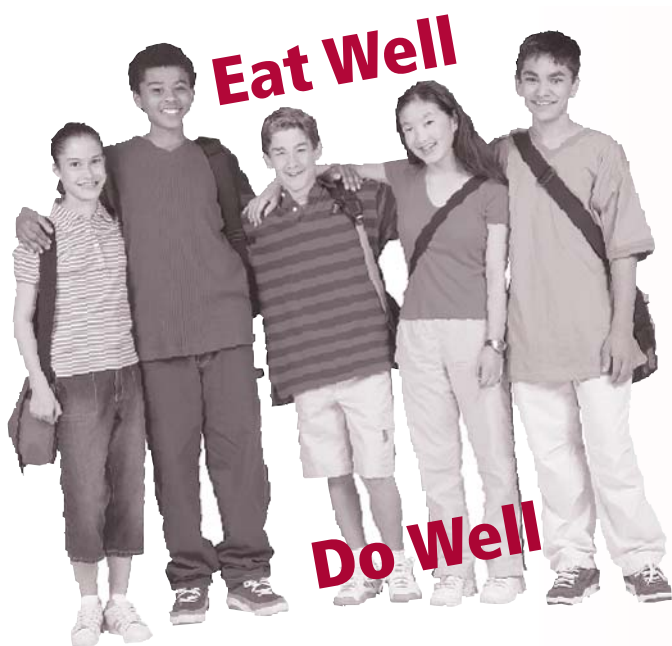
(25 CENTS per meal)

HOUSEHOLD SIZE IS...	INCOME OF NO MORE THAN...	
	ANNUALLY	WEEKLY
2	\$25,900	\$499
3	32,560	627
4	39,220	755
5	45,880	883
6	52,540	1,011
7	59,200	1,139
8	65,860	1,267
For each additional family member, add...		
	\$6,660	\$129

Your household includes everyone living with you, related or not.

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Students who eat a nutritionally balanced breakfast and lunch throughout their school years...

- Score higher on standardized tests.
- Pay more attention in class.
- Present fewer discipline problems.
- Are more likely to grow up with strong bones.
- Are less likely to be overweight.
- Have more energy.
- Seem happier and more contented.

Healthy eating is for everyone!

The district typically sees a drop-off in participation in the free and reduced-price school meals program as students get older. We want to turn that trend around. HEALTHY EATING IS JUST AS IMPORTANT TO A 16-YEAR-OLD AS IT IS TO A 6-YEAR-OLD!

Protecting your children's privacy

The district takes special care to protect the privacy of students enrolled in the program. When they go through the cafeteria line, they use their account just like every other student and thus are not identified as a recipient of free or reduced-price meals.

Need assistance with the application?

We know the free meals application itself can be difficult to tackle. Unfortunately, it is mandated in its current form by the federal government. But we can help you with it. Call us to arrange an appointment... We can meet with you privately at school or help you on the telephone... whichever is best for you!

Please be aware:

Families must fill out a new application every year. However, they only have to fill out one application to cover all their children.

Need more information? Need an application?

Laura Pamkowski
Food Service
(518) 673-6346

You can also pick up an application in the principal's office at your child's school.